



VEGETERIAN

BEEF

CHICKEN

PORK

TURKEY

All grains are whole-grain rich. Students must select a ½ cup of fruit and / or a ½ cup of vegetables with their meal.

Meals are offered with non-fat chocolate milk or 1% white milk.



OCTOBER	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B.I.C. 1 - 3 LUNCH	National School Lunch Week October 13 th – 17 th !		Grape Uncrustable Apple Juice Grapes Turkey Walking Tacos	Mini Choc Donuts Orange Juice Craisins Mango Habanero Chicken Wings w/Mac & Cheese	Double Chocolate Chip Bar Wild Berry Juice Tangerines Green Chili & Cheese Tamales w/Rice & Beans
B.I.C. 6 - 10 LUNCH	Cinnamon Swirls Orange Juice Strawberry Apple Crisps Beef Chili Cheese Fries w/Roll	Variety Conchas Wild Berry Juice Apple Slices Chicken Fettuccini Alfredo w/Broccoli & Garlic Bread	Lucky Charms Apple Juice Grapes Bean & Cheese Burrito	Mini Maple Waffles Orange Juice Craisins Birria & Cheese Pupusas w/Rice, Beans & Curtido	Mini Cinni's Wild Berry Juice Tangerines Pepperoni Pizza Pocket
B.I.C. 13 - 17 LUNCH	No School	Oatmeal Chocolate Chip Bar Wild Berry Juice Apple Slices Chicken Shawarma w/Steamed Rice	Mini Cinnamon Cream Cheese Stuffed Bagels Apple Juice Grapes Kung Pao Chicken w/Chow Mein	Mini Powdered Donuts Orange Juice Craisins BBQ Chicken Wings w/Mac & Cheese	Homemade Strawberry Bread Wild Berry Juice Tangerines Cheesy Ravioli w/Marinara & Garlic Bread
B.I.C. 20 - 24 LUNCH	Cinnamon Rolls Orange Juice Strawberry Apple Crisps Chicken Tinga Nachos w/Cheese	Chunky Monkey Bars Wild Berry Juice Apple Slices Turkey Pozole w/Tortilla Chips	Honey Scooters Apple Juice Grapes Spaghetti w/Meatballs & Garlic Bread	Sausage & Cheese Croissants Orange Juice Craisins Burger Buddies	Variety Conchas Wild Berry Juice Tangerines Chicken & Waffles w/Syrup
B.I.C. 27 - 31 LUNCH	Pop Tarts Orange Juice Strawberry Apple Crisps Fresh Grilled Hot Dogs	Chocolate Chip Muffin Wild Berry Juice Apple Slices Chicken Fajitas w/Rice, Beans, & Tortillas	Grape Uncrustable Apple Juice Grapes Turkey Walking Tacos	Mini Choc Donuts Orange Juice Craisins Mango Habanero Chicken Wings w/Mac & Cheese	Double Chocolate Chip Bar Wild Berry Juice Tangerines Green Chili & Cheese Tamales w/Rice & Beans

MILOR LUNCH MARKETPLACE:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bumble Chef Salad	Spicy Chicken Salad w/Tapatio Ranch Dressing	Honey Bee Cowboy Fiesta Salad	Turkey Grinder	Queen Bee's Island Mac Salad

DAILY LUNCH CHOICES:

Orange Chicken w/Seasonal Vegetables & Rice (Mon/Wed/Fri)
Teriyaki Chicken w/Seasonal Vegetables & Rice
Spicy Chicken Sandwich
Ardella's Pepperoni Pizza (Mon/Wed)
Buzz Cheeseburgers (Tue/Thu)
Yogurt Parfait w/Fruit & Granola

DAILY LUNCH SIDES:

Seasonal Fresh Fruit
Cool Tropics Variety (Mon/Fri)
Seasoned Beans w/Cheese
Garden Salad Shakers
Seasoned Potato Wedges (Mon/Wed)
Variety Chips (Tue/Thu/Fri)
Baby Carrots
Fresh Cut Fruit Cups
Fresh Cut Vegetable Cups



Condiments: Ketchup, Mustard, Mayonnaise, Tapatio Sauce, Soy Sauce, Tajin, Bumble Ranch Dressing, Hilda's Secret Sauce, La Verde Rebelde Salsa, Stinger Red Salsa

Menu is subject to change without notice.

This institution is an equal opportunity provider.